



Welcome!!



In an effort to keep funded domestic violence programs informed, OFV has started a newsletter! Each month, we will be highlighting a special topic, such as Domestic Violence Awareness Month, sharing a fabulous fundraising activity, funding and training opportunities, discussing a Frequently Asked Grant Question, and providing tips on board development. And last, but certainly not least, self-care ideas. We hope you will enjoy!!

Special Topic– Domestic Violence Awareness Month



Domestic Violence Awareness Month (DVAM) evolved from the "Day of Unity" held in October 1981 and was conceived by the National Coalition Against Domestic Violence. The intent was to connect advocates across the nation who were working to end violence against women and their children. The Day of Unity soon became an entire week devoted to a range of activities conducted at the local, state, and national level. The activities conducted were as varied and diverse as the program sponsors but had common themes such as mourning those who have died because of domestic violence, celebrating those who have survived, and connecting those who work to end violence. These three themes remain a key focus of DVAM events today. In October 1987, the first Domestic Violence Awareness Month was observed. That same year marks the initiation of the first national domestic violence toll-free hotline.

In 1989, the U.S. Congress passed Public Law 101-112 designating October of that year as National Domestic Violence Awareness Month. Such legislation has passed every year since with NCADV providing key leadership in this effort. Each year, the Day of Unity is celebrated the first Monday of Domestic Violence Awareness Month. —Adapted from the *1996 Domestic Violence Awareness Month Resource Manual* of the National Coalition Against Domestic Violence.

Fundraising Activities

The 3rd Annual Curls for a Cause fundraiser, featuring "Zumba with Anika" will be held to benefit Transitions Family Violence Services! This year's event theme is Healthy Bodies - Healthy Relationships in recognition of Domestic Violence Awareness Month. The event will be held on October 26th from 12-2PM at the Fairlawn Community Center. For more information, go to naturally-glam.com

Funding Opportunities

2014 National Crime Victims' Rights Week Community Awareness Projects

Funding Opportunity The NAVAA and OVC are seeking proposals for innovative and collaborative approaches to promoting community-wide public awareness of the rights and available services for victims of all types of crimes during National Crime Victims' Rights Week (NCVRW), April 6 – 12, 2014. For more information go to cap.navaa.org



Domestic Violence & Pets Grant Amie's Place Foundation funds specifically defined programs that can help meet the needs of members of the community for pet-care assistance during times of crisis (victims of domestic violence and their pets). Rolling Deadline. To apply go to amiesplacefoundation.org.



RedRover Domestic Violence Safe Housing

The RedRover Domestic Violence Safe Housing program provides the start-up funds for organizations that shelter domestic violence victims to create a space to house the pets of the victims on-site, with their families. RedRover partners with Sheltering Animals and Families Together (SAF-T) to work toward the goal of having one pet-friendly domestic violence shelter in each state by 2015. To apply go to www.redrover.org Deadline: October 30, 2013

Training Opportunities



The Department of Homeland Security (DHS)'s Blue Campaign, the Federal Law Enforcement Training

Center (FLETC) and the National Immigrant Women's Advocacy Project at American University, Washington College of Law (NIWAP) collaborated in the development of two roll call videos designed to encourage state and local law enforcement to join the Blue Campaign's efforts to identify and assist immigrant victims of domestic violence, sexual assault, human trafficking and other crimes. The roll call videos are available for free viewing and download at <http://niwap.org/training/DHS-roll-call/>.

A new Blue Campaign PSA on Human Trafficking is also available [here](#). For access to training materials and information on the T and U visas and on immigration relief for immigrant crime victims including relevant DHS policies and training materials go to niwaplibrary.wcl.american.edu/.

A team of expert law enforcement faculty can also provide technical assistance and training to law enforcement, prosecutors and other certifying agencies. For this and downloads of the videos, contact NIWAP at info@niwap.org or (202) 274-4457.

Board Development



Network for Good recently developed a resource for non-profits called "Social Media Mini-Guide How to Woo and Wow Your Donors." In this guide, you will learn how to continue the conversation with your donors for a great relationship, best practices and inspiration to engage your supporters through social media, ideas to use right now in your social media campaign. Find the guide at <http://www.fundraising123.org/files/Social%20Media%20Mini%20Guide%202013.pdf>

FAQ– grant and invoices

Contract management reminder....A 20% match is required in order to utilize the DVP Grant funds. This match must be made up of non-federal funds and may come from cash or in-kind sources. Keeping accurate records of match should include documenting the sources of match on a monthly basis and by grant source. **Match is to be included on the reimbursement invoice in the month the match was utilized. With few exceptions, match should appear in every invoice.** Match funds for this grant cannot be used as match for any other funding source.

Self-care Tips

Take Stock-What's on your plate?

You can't aim to make changes and improvements without truly knowing where the problem areas are. Start by taking a nonjudgmental inventory of where things are at in your life. Make a list of all the demands on your time and energy (Work, Family, Home, Health, Volunteering, other). Try to make this list as detailed as you can. Eg: Under the Work category, list the main stressors you see (number of clients, or, amount of paperwork, or difficult boss, etc).

Once you have the list, take a look at it. What stands out? What factors are contributing to making your plate too full? Life situations or things you have taken on? What would you like to change most? If you are comfortable sharing this with a trusted friend or colleague, have a brainstorming discussion with them on strategies and new ideas. A counselor or coach can also help you with this exercise. If you would like to read more on this, we highly recommend reading Cheryl Richardson's excellent book "**Take time for your life**" (1998).

For more information, visit [compassionfatigue](http://compassionfatigue.com).

